

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.

**Rick Scott**

Governor

**Celeste Philip, MD, MPH**

State Surgeon General

**Vision:** To be the **Healthiest State** in the Nation

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## A MESSAGE ABOUT FLU FROM THE FLORIDA DEPT OF HEALTH - GULF/FRANKLIN

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### Did you get a flu shot but still got the flu?

Although the flu shot may not have prevented infection, it can still prevent serious life threatening effects and length of the flu.

According to the CDC, a 2017 [study](#) was the first of its kind to show that flu vaccination can significantly reduce a child's risk of dying from influenza.

Flu vaccination also may make your illness milder if you do get sick. For example, a 2017 [study](#) showed that flu vaccination reduced deaths, intensive care unit (ICU) admissions, ICU length of stay, and overall duration of hospitalization among hospitalized flu patients.

For those who have still not received a flu shot this year, it's not too late! Annual vaccinations provide long term protection. Getting vaccinated yourself also protects people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.

Visit [FreeFluFlorida.com](http://FreeFluFlorida.com) for more information about the flu.

For the most current information about flu activity in Florida, please see [Florida's weekly surveillance report, the Florida Flu Review](#).

### About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on [Facebook](#), [Instagram](#) and Twitter at [@HealthyFla](#). For more information about the Florida Department of Health please visit [www.FloridaHealth.gov](http://www.FloridaHealth.gov).

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**Accredited Health Department**  
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